

HIV Treatment and Support for foreigners living with HIV <MYANMAR>

(1) Steps toward HIV treatment (ART hereafter)

Step 1	HIV Counseling and Testing at any hospital. Foreigners are not recipient of government subsidy for HIV treatment.
Step 2	Preparation for ART based on result from base line blood test result.
Step 3	ART initiation at Private Clinic
Step 4	Clinical Consultation
Step 5	Regular follow up and ART maintenance

(2) Options to get ART if you do not meet condition for government subsidy

Foreigners are not eligible for government subsidies and receive treatment at their own expense.
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(3) HIV medicines commonly used

Generic Name / Strength	Trade Name
1) TDF(300)/3TC(300)/EFV(400)	Avonza
2) ZDV(300)/3TC(150)/EFV(600)	Acruptega
3) TDF(300)/3TC(300)/DTG(50)	
4) ABC(600)/3TC(300)/EFV(600)	
5) (ZDV(300)/3TC(150b.d))+(LPV/rtv (400/100b.d))	
6) (ABC(600)/3TC(300OD))+(LPV/ rtv(400/100b.d))	

(4) Support organization for PLWH

Organization name	Pyi Gyi Khin
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