

HIV Treatment and Support for foreigners living with HIV <Vietnam>

(1) Steps toward government subsidized HIV treatment (ART hereafter)

Step 1	Register for a long-term temporary residence to get a residence card at a local government office
Step 2	Apply for health insurance at: a work place or a company of a family member, or at Health Insurance Department of a municipal government
Step 3	Get HIV confirmation testing at a government-qualified hospitals. All state hospitals provide HIV confirmation testing. Currently, it is Vietnam's policy to receive HIV confirmed results first, then positive clients can enter ART program without CD4 result or viral load. The CD4 and Viral load will be required later.
Step 4	After the test result shows the person is HIV+, the medical facility where the test is performed will receive patient and add them to the treatment program or transfer them to a treatment facility of the same level in case the testing facility does not have treatment services. Google translation is commonly used. Most central and provincial hospitals have their website in Vietnamese/English. Most doctors speak English.
Step 5	A client needs to maintain the service in accordance with the hospital's treatment guidelines and policies

(2) Options to get ART if you do not meet condition for government subsidy

<p>1) Foreigners without residence card and health insurance can receive HIV treatment at their own expense. They can get a prescription from a hospital or HIV private clinic purchase of generic ARV is around 1.000.000 VND (US\$42 \$1=23.500 VND)</p> <p>2) Continue treatment at a hospital or private clinic in your country by going back regularly.</p> <p>3) For other options, consult with VNP+ or a local NGO.</p>

(3) HIV medicines commonly used

Name / Strength	Trade Name
1) TDF(300)/3TC(300)/EFV(400)	Avonza
2) TDF(300)/3TC(300)/EFV(600)	TLE
3) TDF(300)/3TC(300)/DTG(50)	-
4) TDF(300)/3TC(300)/LPV/rvt(200/50)	-
5) TDF(300)/ABC(300)/EFV(400)	-

(4) Support organization for PLWH

Organization name	Vietnam Network of People living with HIV (VNP+)
Person in charge	Do Dang Dong
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